

O who loves Nicholas the Saintly  
O who serves Nicholas the Saintly  
Him will Nicholas receive  
And give help in time of need  
Holy Father Nicholas



O kto kto Nikolaja l'ubit  
O kto kto Nikolaja služit  
Tomu svajatjy Nikolaj  
Na vsjakij čas pomahaj  
Nicolaj, Nicolaj

## ST. NICHOLAS OF MYRA ORTHODOX CHURCH

A PARISH OF THE AMERICAN CARPATHO-RUSSIAN ORTHODOX DIOCESE OF THE  
ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE

288 E. 10<sup>th</sup> Street, New York, NY 10009

Divine Liturgy: 10am

Church Phone #: 212-254-6685

For Dial-in Service: ten minutes prior to Liturgy call 1-877-459-3710 and enter access code 2546685#

Website: [www.stnicholaschurchnyc.org](http://www.stnicholaschurchnyc.org) Email: [info@stnicholaschurchnyc.org](mailto:info@stnicholaschurchnyc.org) [www.facebook.com/StNicholas10street](http://www.facebook.com/StNicholas10street)

**Sunday, March 2, 2014**

**Cheesefare Sunday – Sunday of Forgiveness**

**Epistle Reading:** Romans 13:11-14.4 **Gospel Reading:** Matt 6:14-21 **Tone:** 3 **Troparion & Kontakion:** pg 43

**COMMUNION REQUEST:** Please state your name as you approach the Chalice for communion.

**SERVICES TODAY:** There will be two services today after Liturgy. The first is a Panachida in memory of Mary Tutler offered by Kathleen and Margie Tutler (cousins of Father John Beskid). The second is a Parastas in memory of Michael Kormanik on the 10th anniversary of repose offered by his nephew Jan Kormanik.

### **HAPPY BIRTHDAY:**

#### **Mnohaja i Blahaja L'ita**

Let us all wish Alexander Busel, Michal Koneval, Dennis Krupp, Mary Lichvarik, Joanne Medvecky, and Margaret Tutler many happy and blessed years!

### **PLEASE CONTINUE PRAYERS**

#### **FOR:** Mike Kormanik, Justine

Gidicsin, Mary Fackovec, Peter Tymus, Helen Karpiak, Deacon Michael Kozar, Lorraine Vira, Mary Strenk, Steven Gaydos, Ann Gaydos, Mary Lichvarik, Seman Kovalcik, Olga Petrick, Deacon Joseph Hotrovich, Joyce Rusinak, Victoria Vislocky and Neil Ingenito. In the interim, please contact Kim Busel to add and/or remove names: [k.busel@att.net](mailto:k.busel@att.net)



### **THE SUNDAY OF FORGIVENESS**

The Church offers us five Sundays that help us enter the frame of mind we need for the "joy-creating sorrow" of the Great Lent. Today, known as Cheesefare or Forgiveness Sunday, is the day the Church remembers the disobedience and expulsion of Adam and Eve from the Garden of Eden. The disobedience was not following God's Command of not eating from the Tree of Knowledge. The sin was not so much of eating the fruit of the Tree, but the sin was going against God's command. Even worse, Adam and Eve never asked for forgiveness. They blamed one another-Adam blamed Eve, Eve blamed the serpent. They were both expelled from Paradise because they did not want to be united to God and submit to Him.

Our Lord, Jesus Christ came in the flesh to save us from being under the tyranny of the Evil One. Through His Crucifixion and Resurrection, God is willing to forgive us our sins. We dedicate this Sunday before the Great Fast not only to the disobedience of Adam and Eve, but to their forgiveness. Genuine repentance and reconciliation with God can only occur when, at the same time, we are reconciled with one another.

Great Lent begins tomorrow for Orthodox Christians. Let all of us fast to the best of our ability joining it with acts of mercy and charitable giving. Limit earthly and material cares and anxieties. Everyone should make their confession during this time before Palm Sunday. Let us begin the fast with joy and may it bring new life to our souls. Glory to God!

## FORM FOR ALL SOULS DAY COMMEMORATION – HRAMOTA

One of the most venerable Traditions of the Orthodox Church, traced back to the first centuries of Christianity, is the commemoration of our deceased in Liturgical prayer. It is of great consolation for us, the surviving friends and relatives of our faithful departed, to remain united to them by a bond of everlasting love. Orthodox families have the opportunity to give lists of their departed loved ones (Hramota) with the request that these names be read at the services held for the deceased.

Attached to this bulletin is the Hramota for you and your family to complete so that we may follow this custom as a part of our beautiful spiritual journey through Lent. Completed forms should be returned to Fr. Protodeacon Gregory. For those out-of-town readers of the bulletin, you can mail the form to the Church (address on the first page). Our plan is to read the names on the Sundays following Soul Saturday during a Panachida at the conclusion of Liturgy.

**ALTAR SOCIETY MEETING:** The rescheduled Altar Society meeting is today, after Liturgy, in Hall #2.

### GET YOUR PIROHY FOR LENT TODAY!

Saturday was a busy day here at St. Nicholas Church. It was pirohy making day. Get your fresh made, absolutely delicious pirohy after church today. The remainder will be frozen and ready for purchase throughout Lent. The cost is \$8/dozen for potato/cheddar cheese and \$12/doz. for farmer cheese. You can place an order ahead of Sunday by contacting Magda at [mmatlak@kbcc.cuny.edu](mailto:mmatlak@kbcc.cuny.edu) or 718 373-2279

**BOARD OF TRUSTEES MEETING:** The following are items of discussion during the Board of Trustees meeting last week:

- With our successful outreach to the community, the Main Hall is being rented with great frequency during the week and on the weekends. We are looking to see if any parishioners are willing to help be an event overseer. Days and times for these activities vary. A stipend will be paid to those who sign up for an event. Please see Iveta Canjura for details.
- St. Nicholas Church has been blessed over the years in parishioners making significant contributions to the parish while they were alive or after they passed through their estates. The Board has approved for a place of honor to be designated to remember those who remember St. Nicholas Church. The Board is consulting with engravers to come up with Remembrance Plaque to remember those parishioners.
- The Board discussed the considerable increase of expenses for the church and the line items responsible for this increase. Repainting of main hall, refinishing of main hall floor, building insurance, electric bill increase (hotter weather), gas bill increase (winter weather) are just a few of the items that were discussed. The Board will do an investigation of the line items and take appropriate measures to reduce costs in areas that can be controlled. This will be an ongoing discussion.

**ST NICHOLAS LENTEN MEMORIAL WALL:** During the Lenten season, we would like to again remember our St. Nicholas family and friends who have departed with a Memorial picture wall. If you have a photo that you would like for us to include, please give to Debbie Derevjanik any Sunday.



**LENTEN FOOD DRIVE:** Mike and Evelyn Kormanik passed on the great idea to St. Nicholas Church last year that was a big success. It is called the "40 Cans of Lent Food Drive". While many Orthodox and other Christians choose to adopt Lent as a time of fasting and abstinence, for some of our food-insecure neighbors, going without food is not a choice. The goal is to set aside one can (or other non-perishable food item) per day during Lent and bring your food donation with your basket on Pascha. "40 Cans for Lent" is an opportunity to take a small sacrifice and turn it into a big difference in the lives of others.

**QUESTIONS/ANSWERS:** Have you ever wondered why...? This is your place to find the answers to questions you may have (or may not have even known you had) about Orthodoxy. This question was asked of Deacon Gregory last week:

**Q:** Why aren't the Holy Gifts brought from the table of oblation to the Holy Altar during a deacon's service?

**A:** The Holy Communion we partake have already been "pre-sanctified" at a Liturgy performed earlier in the week by Father Andrew Fetchina. The consecrated Lamb is then brought by Deacon Gregory, placed on the Holy Altar and is then distributed so that all of us can partake of the Eucharist. Pray for priestly vocations!

**COOKIE WALK VIDEO:** If anyone is interested in having their own copy of the Štefanka Productions Cookie Walk Video, please send an e-mail to Stephanie Salony: stephanie.salony@comcast.net. The donation is \$10 to be donated to the church.

**UPCOMING EVENTS:** The calendar has been updated to reflect Lent through Pascha. Please remember that this year, Pascha coincides with Western Easter. The following are days of special note:

**March 23<sup>rd</sup> will be an important day during Lent. Please try to attend.**

- 1) The Altar Society will host its annual Lenten Communion Breakfast. This annual meal, prepared during the middle of Lent, was the idea of +Met. Nicholas while he was pastor at St. Nicholas. It has been explained that his goal was to have a Sunday set aside during Lent to focus on confession and communion during the final weeks leading up to Holy Week. He wanted us to break bread together, encourage each other and to make sure that each of us was planning to go to confession in order to partake of the Sacrament of Communion (thus the name) during Holy Week. He started a beautiful St. Nicholas Church tradition that has continued for many years.
- 2) **St. Nicholas Church will also be hosting the New York Deanery's Mission Service this day after the Lenten breakfast.** All St. Nicholas parishioners are encouraged to stay for this special service.
- 3) 2-3 Priests from other parishes will be attending the Lenten Mission Service. They will be available to hear confessions.



**March 14, 21, and April 11th – Friday  
Lenten Services at 7:30 pm**

**April 12<sup>th</sup> – Lazarus Saturday** We will be dyeing Easter Eggs, tying pussy willows and baking Paska and Kolačy.

**May 5<sup>th</sup>** Traffic Alert – TD Bank 5-Boro Bike Tour

**NEXT TRIP** – Set Sail on January 23, 2015 on the newest Royal Caribbean ship – Quantum of the Seas. Come join us as we will set sail from Bayonne, NJ for a 10-night Eastern Caribbean cruise on the newest Royal Caribbean ship. A full deposit of \$900/cabin is due now which would also be FULLY refundable up until November 9, 2014 when the Final Payment is due. All rooms are Oceanview Balconies. You have nothing to lose! There is limited space available, so if you think you would be interested, contact Stephanie Salony at stephanie.salony@comcast.net or at 908-284-0561 right away. Want to see more: Video: <http://bcove.me/jtja97hl>

**OVER 60 PEOPLE ARE ALREADY GOING! HOW ABOUT YOU?**





*Office of the Bishop*

*312 Garfield Street*

*Johnstown, PA 15906*

## **Great Lent 2014**

### **Protocol N. 3/2014**

**My beloved Faithful Clergy and Laity of our God-protected Diocese:**

**As we begin Great Lent on March 3rd, I wanted to share with you a few thoughts so that we may journey through the season and approach Pascha with the proper frame of mind.**

**Great Lent is a period of increased activity for the active Orthodox Christian. Our prayer, fasting, and almsgiving must increase. Attendance at Church services (of which there are many) and spiritual reading must increase. We must increase our self-examination, reflection and confession. Great Lent is also a period of decreased activity for the active Orthodox Christian. We should show restraint in our normal "outside of Lent" lifestyle. We should reduce our watching television, listening to the radio, surfing the internet, going to concerts and movies. Great Lent is not just about what we eat, but more importantly how we live.**

**In our prayer life the Prayer of St. Ephraim the Syrian is read each week day during Great Lent.**

**O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.**

**But give rather the spirit of chastity, humility, patience, and love to Thy servant.**

**Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages and ages. Amen**

*The American Carpatho-Russian Orthodox Diocese of the U.S.A.*

ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE

**Jesus Christ's instructions on fasting are found in Matthew 6:16-18.**

**“Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.”**

**When we fall away from God, we have removed ourselves from His communion. We have excommunicated ourselves. To re-enter communion with God is the on-going activity of all Christians. We fall away daily in some way or another. No one is exempt.**

**We are telling God that we have changed our mind about our past direction and want to be back in communion with him. The Greek word for repentance, “metanoia”, implies a very deep change in the way we see ourselves, our world, and our relationship to God.**

**And so I strongly encourage all of you to go to Confession and rid yourselves of the heavy burdens of your sins.**

**I pray that this Great Lenten Season is a spiritually inspiring and an uplifting experience for all of you.**

**Working in His Vineyard with much love,**

A handwritten signature in black ink that reads "+ Bishop Gregory". The signature is written in a cursive, flowing style.

**+Bishop Gregory of Nyssa**

# MARCH/APRIL 2014

SUN	MON	TUES	WED	THUR	FRI	SAT
2 Sunday of Forgiveness Altar Society Mtg. <b>Kitchen Cousins</b>	3  Great Lent Begins	4	5	6	7	8
9 <b>Orthodoxy Sunday</b> Team Slovakia & Poland	10	11	12	13	14 Lenten Service & Confession 7:30pm	15  Soul Saturday
16 <b>St. Gregory Palamas</b> TEAM 2	17	18	19	20	21 Lenten Service & Confession 7:30pm	22  Soul Saturday
23 <b>Cross Veneration</b> <b>Lenten Breakfast</b> <b>Mission Service</b> <b>And Confessions</b>	24	25	26	27	28	29  Soul Saturday
30 <b>St. John of the Ladder (Climacus)</b> Team Koneval	31	APR 1	2	3	4	5
6 <b>St. Mary of Egypt</b>  Team Black & White	7 Annunciation of the Theotokos	8	9	10	11 Lenten Service & Confession 7:30pm	12  Lazarus Saturday
13 <b>Palm Sunday</b> The A Team	14	15	16 Holy Unction	17 Holy Thursday	18 Holy & Great Friday	19 Resurrection Matins
20 <b>The Resurrection of our Lord – PASCHA</b> Divine Liturgy	21  Bright Monday	22  Bright Tuesday	23	24	25	26
27 Holy Baptism Luke Michael Stack Team BQE	28	29	30	MAY 1	2	3

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