

O who loves Nicholas the Saintly  
O who serves Nicholas the Saintly  
Him will Nicholas receive  
And give help in time of need  
Holy Father Nicholas



O kto kto Nikolaja l'ubit  
O kto kto Nikolaja služit  
Tomu svajatyj Nikolaj  
Na vsjakij čas pomahaj  
Nikolaj, Nikolaj

## ST. NICHOLAS OF MYRA ORTHODOX CHURCH

A PARISH OF THE AMERICAN CARPAHO-RUSSIAN ORTHODOX DIOCESE OF THE  
ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE

288 E. 10<sup>th</sup> Street, New York, NY 10009

Rev. Fr. Michael Rustick

Divine Liturgy: 10am

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For Dial-in Service: ten minutes prior to Liturgy,  
call 1-877-459-3710 and enter access code 2546685#

SUNDAY, September 29, 2013

Elevation of the Cross & Martyr Euphemia

**Epistle Reading:** 1 Cor 6:1-10   **Gospel Reading:** Luke 7:36-50   **Tone:** 5   **Troparion & Kontakion:** pg 45  
**Exaltation of the Cross pp.93-95**

### The Feast of the Exaltation of the Venerable and Life-Creating Cross of the Lord



This feast commemorates two events in the history of the Cross:  
1. The finding of the Cross by St. Helena in Golgotha, the place where Christ was crucified.

Emperor Hadrian (117-138) gave orders to cover over the ground of Golgotha and the Sepulchre of the Lord, and to build a temple to the pagan gods. Pagans gathered at this place and offered sacrifice to idols there for many centuries.

In 323AD, St. Constantine became the sole ruler of the vast Roman Empire. Ardently desiring to find the Cross on which Christ was crucified, St. Constantine sent his mother, St. Helena, to Jerusalem. The pagan temple built by Emperor Hadrian was destroyed and soon the Tomb of Christ was uncovered. Not far from it were three crosses, a board with the inscription ordered by Pilate, and four nails which had pierced the Lord's Body. The Exaltation of the Holy Cross was in 326AD.

2. The recovery of the Cross on which Jesus Christ was crucified from the Persians. The Persians had captured the True Cross as a prize of war when they sacked Jerusalem in 614 AD. It was recovered by the forces of the Byzantine Empire (Eastern Roman Empire) in 627 AD, when Emperor Heraclius decisively defeated the Sassanid Persians at The Battle of Nineveh. The Elevation took place on March 21, 630 AD, when Emperor Heraclius entered Jerusalem amidst great rejoicing, and together with Patriarch Zacharios (609-632), transferred the Cross of Christ with great solemnity into the Church of the Resurrection, joyously held up for veneration by the Christian faithful.



**Holy Great Martyr Euphemia**  
was the daughter of two faithful Christians, Senator Philophronus and Theodosia, around 303AD. The governor of Chalcedon, Priscus, made a decree that city inhabitants must take part in sacrifices to the pagan god Ares. St. Euphemia was found with other Christians hiding and worshiping the Christian God, in defiance of the governor's orders. The Christian were tortured for a number of days. St. Euphemia, the youngest among them, was separated from her companions in the hope that she would betray Christ if she was on her own. She was promised worldly riches but refused to deny Christ. She was subjected to particularly harsh torments in hopes of breaking her spirit but an Angel of the Lord ministered to her wounds. It is written that many attempts were made to end her life, but each time she was saved and thus converted several of her captors. It is said that she eventually died peacefully, after sustaining a small wound.

**HAPPY BIRTHDAY - Mnohaja i Blahaja L'ita**  
Let us all wish Angela Kindya, Maria Korchak, Michael Korchak, Barbara (Hutnyan) Muhlenberg, Nicole Sikoryak and Justine Timko many happy and blessed years!

**HAPPY ANNIVERSARY - Mnohaja i Blahaja L'ita**  
Let us all wish Dennis & Mary Krupp, Robert & Merka Stack, and Michael & Barbara Macaluso many happy and blessed years!

**PLEASE CONTINUE PRAYERS FOR:** Mary Fackovec, Paul Sikoryak, Deacon Michael Kozar, Peter Tymus, Lorraine Vira, Mary Strenk, Steven Gaydos, Ann Gaydos, Anna Viktoria Derevjanikova, Mary Lichvarik, Anna Lichvarik, Seman Kovalcik, Olga Petrick, Victoria Vislocky, Deacon Joseph Hotrovich, Joyce Rusinak, and Neil Ingenito. Please notify Fr. Michael to add and/or remove names: [frmichael@stnicholaschurchnyc.org](mailto:frmichael@stnicholaschurchnyc.org)

### **NEWS FOR TODAY**

Lots O' Luck Calendars for 2013 are available from Dawn Krzyzanowski at \$25 each. These Calendars are a fund raising project of the National ACRY. The profit goes to support Diocesan projects.

NOTE: If paying by check, be sure to make your check out to: **St. Nicholas #28 Fund**

### **ST. NICHOLAS CHURCH CONCERT EVENT WRAP-UP**

The acclaimed Carpatho-Rusyn folk singer Maria Mačošková gave a wonderful concert last Sunday, enjoyed by over 150 people from the Tri-State region. Maria was joined by special guest Beata Begeniová-Fedoriouk and three talented musicians. The festivities continued for hours after the concert with more singing, dancing and fun!

Thank you to all who helped to make the concert such a memorable event.



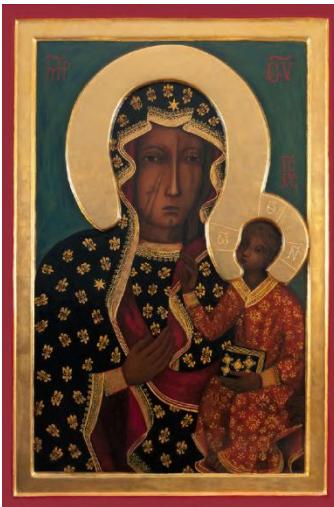
Special appreciation to Ivette Canjura for her organization, Magda Matlack for ticket sales, John Busel and Mike Kelcho for all their work to set-up the hall and Lubos Matlack, Helenka Tymus, Debbie Derevjanik, Justine Timko, Mike Kelcho (again) and Kim Busel for preparing and serving the food and refreshments. A special thank you to Peter Eagler and Mary Zizik from Holy Apostles Orthodox Church in Saddle Brook, N.J for preparing the homemade kolač we all enjoyed (and to Bob Zizik for picking up the fresh baked kolač on Sunday morning).



On behalf of our family, St. Michael's Church, Binghamton, NY, (7 members), we want to thank you for a most enjoyable day. The liturgy, hospitality, luncheon, concert, and friendship, will not be forgotten. We look forward to your next event. Thank you.

Archon Michael and Dolores Kundrat, Joseph Kundrat, Nadine and Anna Korchak, Dr. and Mrs. Nicholas Seketa.

## NEWS OF INTEREST



This is the icon of Our Lady of Czestochowa or commonly referred to as the Black Madonna. The magnificent replica of the icon has traveled over 40 thousand miles since the start of its journey one year ago in Vladivostok, Russia. She has traversed 24 countries, visited 75 cathedrals, 60 orthodox churches, 400 cities, and is now in the United States. There will be healing services in several locations in the Tri-State region. On October 5<sup>th</sup>, there will be a procession from St. Peter's Church to Battery Park to St. Joseph's Chapel in New York and will be available for viewing at St. Patrick' Cathedral on October 6<sup>th</sup>.

On Tuesday, October 8<sup>th</sup>, there will be a 3:00 pm Healing Service and a 7:00 pm Procession and Anointing Service at Holy Apostles Russian Orthodox Church, 17 Platt Avenue, in Saddle Brook, NJ

The icon of Our Lady of Czestochowa has a fascinating history, though there is some variation in the accounts. Tradition holds that St. Luke the Evangelist "wrote"

the icon on a cypress table in the home of the Holy Family. St. Helena is said to have located the icon during her visit to the Holy Land (during the time St. Helena was in Jerusalem to locate the Holy Cross) and to have brought it to Constantinople in the fourth century. The painting was eventually owned by Charlemagne, who presented it as a dowry to Prince Lev of Galicia (present-day Western Ukraine), where it was kept for almost six centuries in the royal palace at Belz. In 1382, after invading Tartars attacked the fortress at Belz, the icon was taken to the Polish town of Czechstochowa for safekeeping, and it has remained there ever since. The Icon was damaged by Hussite raiders in 1430, who slashed and attempted to burn the icon, changing the visage of what is now referred to as the "Black Madonna."

Our Lady of Czestochowa is credited with numerous miracles among those people who came into the presence of the icon, and on behalf of those who prayed for her protection and intercession.

### TRAFFIC ALERTS

#### **October 6th**

Bike riders experience Manhattan traffic-free via the FDR, Harlem River Drive and the West Side Highway. For drivers, it can be a tough commute into the city. The 100-mile route also travels through the Holland Tunnel into Jersey City.



#### **NOVEMBER 3<sup>rd</sup>**



#### **NYC MARATHON**

Tight security protocol for the race has limited access to a list of road closures/times.

**Running the Marathon to benefit The Tracy Heidenfelder Memorial Fund** - All funds raised by Anthony Dalli go to Beautifully Reckless. To donate, visit his website at [www.gofundme.com/anthonynewycomarathon](http://www.gofundme.com/anthonynewycomarathon)

*Thank you again for ALL YOUR SUPPORT LOVE AND DEDICATION to our cause. Remember without you, none of this would be possible. Tracy is definitely smiling down on us.*

*Love, Anthony*

### **Next Trip:**

#### **Set Sail on January 23, 2015 on the newest Royal Caribbean ship - Quantum of the Seas.**

Come join us as we will set sail from Bayonne, NJ for a 10-night Eastern Caribbean cruise. All that is required to hold a cabin is a fully refundable deposit of \$100/room. After that, a credit card deposit of \$900/room will be required by December 14, 2013 (FULLY refundable up until Nov. 9, 2014) when the Final Payment is due. All rooms are Oceanview Balconies. You have nothing to lose! If you are interested, please contact Stephanie Salony at [stephanie.salony@comcast.net](mailto:stephanie.salony@comcast.net) or 908-284-0561. Want to see more: Video: <http://bcove.me/jtja97hl>

**OVER 50 PEOPLE ARE ALREADY GOING! HOW ABOUT YOU?**

# Sept. - Dec 2013

SUN	MON	TUES	WED	THUR	FRI	SAT
29 Elevation of Cross Observed	30	OCT 1	2	3	4	5
6 Traffic Alert: MS Bike Race	7	8	9	10	11	12
13 Cowboy Country Video	14 <b>Protection of the Mother of God</b>	15	16	17	18	19
20 <b>XXII Diocesan Sobor</b> Altar Society Meeting	21 <b>Sobor</b>	22 <b>Sobor</b>	23 <b>Sobor</b>	24	25	26
27 Halloween Costume Party	28	29	30	31	<b>NOV1</b>	2
3 Traffic Alert NYC Marathon	4	5	6	7	8	9
10 CW Dough Making	11	12	13	14	15	16
17 CW Dough Making (Tentative)	18	19	20	21	22	23 CW Baking – Stack home
24 <b>Annual Kermes</b>	25	26	27	<b>28 Nativity Fast Begins Thanksgiving</b>	29	30
<b>DEC1</b> CW Preparation & Dough Making	2	3	4 Entrance of Theotokos	5	6	7
8 Hall Preparation, Dough Rolling & Cookie Baking	9	10	11 <b>Baking at Church</b>	12 <b>Baking at Church</b>	13 <b>Baking at Church</b>	14 <b>5<sup>th</sup> Annual Cookie Walk</b>
15 <b>5<sup>th</sup> Annual Cookie Walk</b>	16	17	18	19	20	21
22 St. Nicholas Day Luncheon	23	24	25	26	27	28

*Start children off on the way they should go, and even when they are old they will not turn from it.*

*Proverbs 22:6*

## **Dear Parents with Young Children in Church,**

You are doing something really, really important. I know it's not easy. I see you with your arms overflowing, and I know you came to church already tired. Parenting is tiring. Really...tiring.

I watch you bounce and sway trying to keep the baby quiet, juggling the infant car seat and the diaper bag as you find a seat. I see you wince as your child cries. I see you anxiously pull things out of your bag of tricks to try to quiet them.

And I see you with your toddler and your preschooler. I watch you cringe when your little girl asks an innocent question in a voice that might not be an inside voice let alone a church whisper. I hear the exasperation in your voice as you beg your child to just sit, to be quiet as you feel everyone's eyes on you. Not everyone is looking, but I know it feels that way.

I know you're wondering, is this worth it? Why do I bother? I know you often leave church more exhausted than fulfilled. But what you are doing is so important.

When you are here, the church is filled with a joyful noise. When you are here, the Body of Christ is more fully present. When you are here, we are reminded that this worship thing we do isn't about bible study or personal, quiet contemplation but coming together to worship as a community where all are welcome, where we share in the Word and Sacraments together. When you are here, I have hope that these pews won't be empty in 10 years when your kids are old enough to sit quietly and behave in worship. I know that they are learning how and why we worship now, before it's too late. They are learning that worship is important.

I see them learning. In the midst of the cries, whines, and giggles, in the midst of the crinkling of pretzel bags and the growing pile of crumbs, I see a little girl who insists on going two pews up to see her aunt, grandmother or other loved relative. I hear the echos of "Amens" and words to hymns or Our Father just a few seconds after the rest of the parish says it together. Even on weeks when I can't see my own children learning because, well, it's one of those mornings, I can see your children learning.

I know how hard it is to do what you're doing, but I want you to know it matters. It matters to me. It matters to my children to not be alone in the pew. It matters to the congregation to know that families care about faith, to see young people... and even on those weeks when you can't see the little moments, it matters to your children.

It matters that they learn that worship is what we do as a community of faith, that everyone is welcome, that their worship matters. When we teach children that their worship matters, we teach them that they are enough right here and right now as members of the church community. They don't need to wait until they can believe, pray or worship a certain way to be welcome here, and I know adults who are still looking to be shown that. It matters that children learn that they are an integral part of this church, that their prayers, their songs, and even their badly (or perfectly-timed, depending on who you ask) cries and whines are a joyful noise because it means they are present.

I know it's hard, but thank you for what you do when you bring your children to church. Please know that your family -- with all of its noise, struggle, commotion, and joy -- are not simply tolerated, you are a vital part of the community gathered in worship.

**By Jamie Bruesehoff, I am totally "that" Mom**

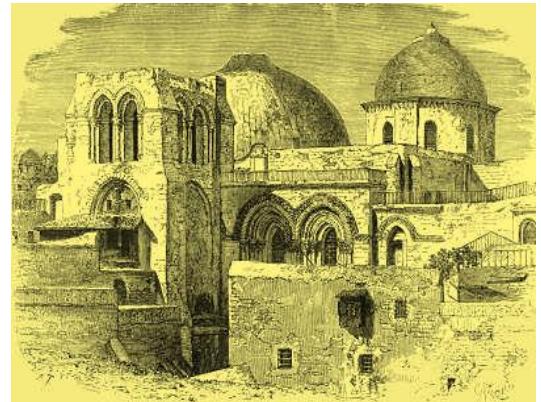
Once a month (or so), there will be a page "Just for Kids". In general, the page will be about a specific holiday, like Halloween, Thanksgiving, or like today, highlighting a major Feast Day. If possible, I will include my favorite knock-knock and other jokes, cartoons, things to think about and some fun activities. Parents – if you have any suggestions, please let me know. I can use help! Email me at k.buse1@att.net.

## The Exaltation of the Cross

I want you to close your eyes and think about one of your favorite things. It could be your bike, a game, a book. Now, imagine that you lose it. You look everywhere for it. Who is the first person you talk to if you lose something? At my house, the person is Mom. Moms almost always seem to know where everything is. When you find something you lost, how does it make you feel? Really happy, I bet.



The same thing happened a very, very long time ago. The Holy Cross was missing. It was hidden by people who didn't believe Jesus came back to life. The great ruler of the Roman Empire, St. Constantine wanted the Holy Cross found. Who do you think he asked? He asked his mother, St. Helena. She traveled to Jerusalem and she had to look hard, but she finally found the Holy Cross buried in the ground. Christians were so happy. They built a famous church where St. Helena found the Holy Cross called the Church of the Resurrection.



Each year, we celebrate the finding of the Holy Cross and the building of the Church of the Resurrection (and its consecration on Sept. 27<sup>th</sup>, on the Feast Day called the Exaltation of the Cross.

## For Preschool

For School-age

## **WARMTH OF THE CROSS Game**

At least 2 players

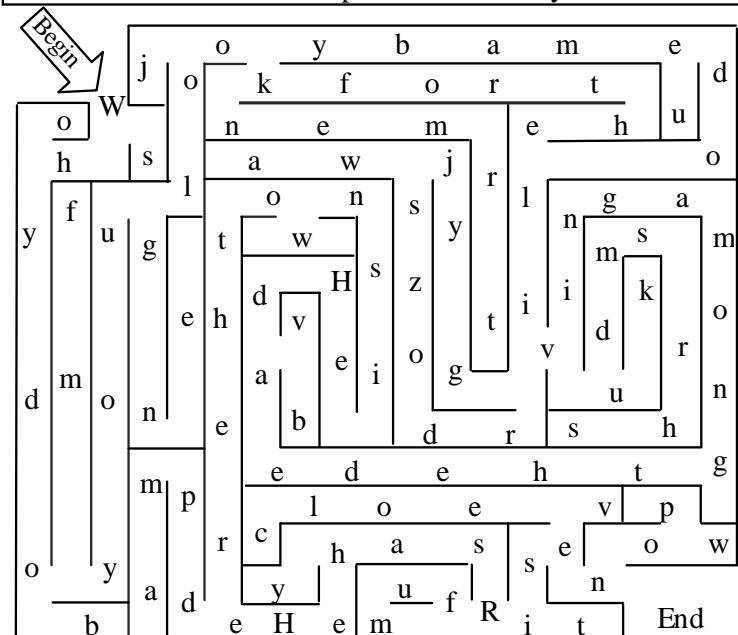
Cut out the cross on this page. One person hides the cross somewhere in a room while the others wait outside. The person who hid the cross will say warm or cold depending on how close the others are to the cross. Continue until the cross is found, just like St. Helena did. Now let someone else hide the cross.



The closer we are to God, the more we can feel  
His warmth and love

*And the angel told the women at Christ's tomb very good news about His Resurrection....*

To find out the message, follow the path through the maze.  
Write the letters from that path in the order you find them.



W \_\_\_\_\_  
\_\_\_\_\_?  
\_\_\_\_\_!